



FACE TO FACE
— ESTHETICS —

DERMAPLANING FAQs

What are the benefits of Dermaplaning?

- Immediately imparts a refreshed and refined look to the skin
- Removes vellous facial hair which absorbs oil, dirt, environmental toxins, and excess product
- Removes surface dead/keratinized skin cells
- Increases the skin's ability to absorb product
- Stimulates circulation of blood and lymph flow
- Increases the skin's immune response and vitality
- Enhances the natural shedding process of the skin
- Softens the appearance of fine lines and wrinkles
- Minimizes the appearance of pores
- Reduces hyperpigmentation creating a more even skin tone
- Improves elasticity and texture

Does Dermaplaning hurt?

- Not at all. In fact, many clients report feeling relaxed and enjoy the sensation of the blade grooming their skin. For many, this treatment may be more comfortable than Microdermabrasion and there is no "stinging" as is often associated with chemical peels.

Will I be cut during the procedure?

- It is possible that you may experience a nick from the blade, however rest assured that I have been professionally trained and certified in this procedure and that your safety is of the utmost importance to me. At this time, none of my clients have experienced a nick during this treatment with me.
- It is very important that during the treatment clients must maintain stillness to reduce the chance of an accidental nick. Should an accidental nick be experienced, it will heal very quickly and isn't likely to hurt.

Will my facial hair come back course?

- Sometimes Dermaplaning is referred to as skin shaving and the fine vellous hair on the face is removed as part of this procedure. The purpose of this fine vellous hair is to regulate skin temperature. It will not grow back thicker, darker, or more course.
- Growth of the hair on the chin and lip is regulated by hormone production, and by nature is generally thicker. Dermaplaning does not directly affect the thickness of this hair because most women lack the required amount of testosterone to grow hair in that manner.

How fast does the facial hair grow back?

- Each person's hair growth rate varies. You can easily determine how quickly your hair will grow back by comparing how quickly your hair grows back after shaving your legs. Since the vellous facial hair is not being removed by the root, this can be as soon as 2-3 days after the treatment. However with vellous facial hair, the re-growth will be much less noticeable compared to hair on other body parts.

Can men benefit from Dermaplaning?

- Yes, however due to the nature of the coarse hair of the beard area, men can only be treated in areas of the face that do not have coarse hair such as the upper cheeks, around the eyes, and on the forehead.

How often can I have Dermaplaning done?

- Dermaplaning can be done as often as every two weeks, however the frequency will be determined on a case-by-case basis because each person is different.

What sanitation and safety measures are taken?

- Your health and safety are of the utmost importance to me, and I take appropriate measures to ensure sanitation and safety.
- A new, sterilized surgical blade is used for each client and properly disposed of after each use.
- I wear non-latex gloves during the Dermaplaning process.
- All instruments (as with all of my treatments) are cleaned and sanitized according to State regulations.
- During the Dermaplaning process, it is imperative that the client be still and not talk. Prior to beginning the treatment, we will determine a 'signal' to let me know if you need to move, speak, sneeze, cough, etc., so that I may pause for safety.
- It's very important that your cell phone be turned off so as not to be a distraction to you. No sudden movements please.
- No moles, skin tags, or other skin growths will be removed during the Dermaplaning process – those areas (if they exist) will be avoided and worked around.

Does the State of Colorado allow Estheticians to perform Dermaplaning?

- Yes. Prior to my receiving Dermaplaning training, I contacted the Colorado State Board of Cosmetology and spoke with an inspector named Barbara to confirm whether Dermaplaning is within my scope of practice. The State Board has determined that yes, it is within my scope of practice to perform Dermaplaning as long as no moles, skin tags, or other skin growths are removed.

Are there any contraindications to Dermaplaning?

- Yes, there are some contraindications to receiving a Dermaplaning treatment. For your safety, if you have any of the following conditions or use any listed medications, Dermaplaning cannot be performed and an alternate treatment will be recommended.
 - Autoimmune diseases (Aids, HIV, Lupus)
 - Cancer therapy (chemotherapy, radiation)
 - Blood thinners
 - Accutane
 - Diabetes
 - Open lesions
 - Active shingles
 - Hemophilia
 - Thin, weak, or delicate skin (as often found in elderly persons)
 - Sun, wind, or chemically burned or otherwise raw skin
 - If you are taking antibiotics, you should wait until 10 days after completion