



FACE TO FACE
— ESTHETICS —

ALL ABOUT ADVANCED MODALITIES



Rezenerate Nano Infusion

The Rezenerate Nano Infusion treatment is a safe, non-invasive modality that reduces fine lines and leaves your skin feeling and looking younger. The Rezenerate painlessly creates thousands superficial microscopic permeations on the surface of the skin, leading to an immediate plumpness. It also allows for greater absorption of the nutrients introduced into the skin during this treatment. This treatment is customized for each client, is totally relaxing, and is a fabulous choice for someone who wants a truly corrective treatment without any downtime! Minimizes fine lines and wrinkles; infuses corrective serums and hyaluronic acid into the skin to plump and deeply hydrate;

stimulates collagen and elastin production; reduces blemishes and dark spots; improves sun damaged skin and signs of aging; improves skin texture; immediate gratification with cumulative results.

Contraindications: Nursing or pregnant women should not receive a Rezenerate treatment; undiagnosed lesions or skin infections; recent cold sore breakout; severe rosacea; scars less than six months old; severe solar keratosis; psoriasis; diabetes or other auto-immune system disorders.



Oxygen Infusion

Oxygen facials are the preferred treatment of many celebrities walking the red carpet. Your skin deserves the celebrity treatment too! In our current environment with many forms of pollution, most of us are oxygen deprived. The Oxygen Infusion treatment reverses the effects of oxygen depletion by infusing 94% pure oxygen into your skin along with vitamins, amino acids, minerals and other antioxidants, bringing a vibrant healthy glow to your

skin. Make every day your "red carpet" day with Oxygen Infusion. You'll see an immediate reduction of fine lines and wrinkles; improvement of many acne conditions; reduction of sun damage and melisma; calming of rosacea and redness; leaves your skin plump, glowing, and deeply hydrated.



Microcurrent

Microcurrent, often referred to as a non-invasive face lift, is a safe procedure that will sculpt your face, accentuate cheek bones, smooth fine lines and wrinkles, and redefine the jaw line. Our cells require energy to perform at their peak. As the clock ticks, cells grow weary resulting in a less than admirable performance. The result ... our skin literally gets and looks tired! The short story is that cells source their energy from ATP (adenosine triphosphate) molecules.

Microcurrent radically increases ATP stores, which in turn accelerates the healing process across all cellular activity. This includes cell restoration in our faces.

There are 32 different muscles of the face that require a little exercise (what we pro's call muscle re-education). By manipulating these muscles (either lengthening or tightening), facial appearance lifts, smooths, and gradually tones.

Benefits: Immediate gratification; increases lymphatic movement; increases circulation resulting in healthier, more youthful looking and acting skin; stimulates collagen and elastin production resulting in firmer skin; delivers results you can see in just one treatment and transforms skin in as few as six treatments; helps generate connective tissue; zero downtime and very relaxing. Best results are achieved in a weekly series of 6-8 treatments, followed by monthly maintenance.

Contraindications: Recent cosmetic fillers (please wait one week); metal implants; pacemaker; heart condition (doctor approval required); epilepsy (doctor approval required); pregnancy; autoimmune disorders; thrombosis or phlebitis.



Celluma LED Phototherapy

Cleared by the FDA for pain management and skin care, Celluma uses light energy to improve cellular health by accelerating the repair and replenishment of compromised tissue cells. In the same way that plants use chlorophyll to convert sunlight into plant tissue, high intensity light emitting diodes (LEDs) utilizing specific, proven wavelengths of light can trigger a natural biostimulatory effect in human tissue. Research has shown that phototherapy can increase circulation, accelerate tissue repair, kill acne bacteria, decrease inflammation, improve skin tone, texture and clarity, as well as ease muscle and joint pain, stiffness, spasm, and arthritis. Research indicates that cells absorb particles of light (photons) and transform their energy into adenosine

triphosphate (ATP), the form of energy that cells utilize. The resulting elevation of ATP is then used to power metabolic processes, synthesize DNA, RNA, proteins, enzymes, and other products needed to repair or regenerate cell components; foster mitosis or cell proliferation; and restore homeostasis. Simply put, the LED light source provides compromised cells with added energy so the cells performance is enhanced.

Benefits: Stimulates collagen and elastin, firms skin (stronger, healthier collagen and elastin = firmer skin); refines fine lines and wrinkles; increases circulation resulting in healthier more youthful looking and acting skin; strengthens and replenishes cells which in turn speeds healing; reduces inflammation; speeds post-surgical healing; improves texture and tone; improves the appearance of sun damage; kills bacteria that causes and helps prevent future breakouts; promotes a brighter, smoother, healthier skin; zero downtime – in fact it's the perfect opportunity for a relaxing nap.

Contraindications: Clients undergoing active cancer treatment will need clearance from their physician; recent cosmetic fillers (please wait one week); Accutane or isotretinoin (please wait six months); photosensitizing medications; epilepsy (please consult your physician prior to consenting to phototherapy).



Microdermabrasion

Microdermabrasion is a physical exfoliation of the skin's uppermost layer. This skin restoration procedure is a non-invasive process that offers safe and controlled skin resurfacing using a diamond tipped wand that stimulates the production of new cell growth, collagen and elastin. Fine lines are blurred, elasticity is improved, and pores are refined. You'll see improvements in dry skin, age spots, mild acne, clogged pores, overactive sebaceous activity, and hyperpigmentation. You'll also feel the glow of newer, fresher skin that gives an overall

improvement to your skin's tone, texture, and clarity.

Contraindications: Clients using Retin A and/or prescription tretinoin in the last 30 days; clients using Accutane in the last 12 months; active inflamed acne breakouts or broken skin; clients experiencing rosacea, thinned skin, and extensive broken capillaries.



Ultrasonic Exfoliation

Ultrasonic waves wash over skin to give a gentle, non-invasive, yet effective exfoliation. Safe for all skin types, this modality is perfect for those with more sensitive skins that can't handle microdermabrasion or chemical peels. Sound vibrations thoroughly loosen debris from follicles, and gently lift dead skin off to reveal a brighter, fresher skin. Ultrasound waves are also used to deeply penetrate serums so that they get working right away.

Benefits: Improve appearance of fine lines and wrinkles, smooths texture of skin, refines pores, increases production of collagen and elastin, drives ingredients deep into the skin, clears pores of debris and blackheads, promotes cellular renewal, increases circulation.

Contraindications: Metal implants in the upper body; pacemaker or heart condition (doctor clearance required).



Gua Sha Jade Stone

Gua Sha is a traditional Chinese treatment using a small jade board to gently massage and stimulate specific energy points of the face and neck. Gua Sha stimulates circulation, promotes the movement of congestion, and increases lymphatic movement. Gua Sha benefits include non-invasive activation of facial fascia, facial muscles, and different layers of the skin and stimulation of the myofascial connective tissue as strokes follow the meridian system, activating acupuncture points without the use of needles. The results are immediately

noticeable ... the appearance of wrinkles, sagging, dark eye circles, puffy eyes, age spots and discolorations are reduced, and complexion is brighter, healthier, younger looking, and radiant!



Thai Herbal Poultice

The Thai Herbal Poultice is a holistic facial therapy using a warm herbal poultice filled with a blend of organic botanicals, incorporating various facial massage modalities based on the healing traditions of Thailand. This relaxing, rejuvenating treatment offers immediate visible results including drastically reduced puffiness and improvement of fine lines and dark circles, providing an overall facial and brow lift. Other benefits include brighter skin that glows thanks to gently invigorated blood and lymph circulation and lifted facial contours. Continue your relaxation at home by using your herbal poultice in the bath!



Jelly Masks – Alginate Masks – Sheet Masks ... Oh My!

Jelly masks are like Jell-O for your skin, only better! Typically glycerin based, these masks are your skin's best friend infusing moisture and driving active serums deep into the skin, while at the same time cooling and calming the skin.

Alginate masks typically contain seaweeds, which stimulate collagen synthesis, improve skin's water holding capacity, and supply it with essential minerals and microelements. Since seaweeds speed up fat metabolism, they are indispensable in anti-cellulite programs and for body and face sculpting.

Sheet masks are pre-cut collagen based, serum soaked masks that saturate your skin with their nourishing, plumping goodness.